

PowerLife Retreat - Packing List

What to Bring!

- PowerLife Bible & Pen!
- Sleeping Bag/Blanket & Pillow
- Appropriate clothing for the weather (*students will be outside*)
 - **Long Sleeves, Pants, Boots, Coat, Hat, Gloves, Etc.**
- Toiletries (*Deodorant, Toothbrush, Toothpaste, Shampoo, Towel, etc.*)
- Extra Money (*if you would like to purchase additional items at the snack shop*)
- Water Bottle & Flashlight (*with batteries*)
- Medication (if necessary)
 - **NOTE:** *Please keep all medication in the original container.
Can be dropped off with our medic during check in on Saturday morning.*
- Cell Phones
 - *Students are allowed to bring their phones. However, leaders will hold onto them during the retreat unless a phone call home needs to be made!*
- **ALL** items (except sleeping bag/blanket & pillow) **must fit inside ONE bag!**

*Duffle bags are the perfect size. Please **NO** full-sized suitcases!*

What NOT to Bring!

- **NO** Electronic Devices
 - *Computers, iPads, video game consoles, etc.*
- **NO** Food or Drinks
 - *Three meals and two snacks are included in the retreat!*
 - *Only bring food/drinks if you have an allergy need.*
- **NO** Valuables
 - *To avoid getting lost, stolen, or damaged.*
- **NO** Swimsuits
 - *There is a pool on site, but we will **NOT** be using it...*

If you have any questions or concerns, please contact us!