

LUNCH

served 11:00 am – 1:30 pm

ENTREES

*Sandwiches and wraps
include choice of side.*

Turkey BLT* **\$8.00**

asiago garlic focaccia, turkey, bacon, lettuce, tomato, mayo

Ham Sandwich* **\$8.00**

pretzel bun, ham, gouda, honey mustard slaw

Chicken Sandwich* **\$7.50**

ciabatta roll, grilled chicken, provolone, lettuce, tomato,
choice of Caesar dressing or pesto mayo

Smash Burger Slider* **\$6.00**

sesame bun, beef patty, choice of provolone,
white American, or gouda cheese
add additional patty for \$1.00 / add additional slider for \$2.00

Chicken Salad Sandwich* **\$6.00**

croissant, chicken salad, lettuce

Chicken Wrap **\$6.00**

tortilla, chicken, shredded cheese, lettuce, ranch, salsa

Bowl of Soup* soup of the day **\$6.00**

Flatbread Pizza* Margherita or pepperoni **\$7.00**

Big Açaí Bowl with granola and bananas **\$9.00**

honey available upon request

add peanut butter or strawberries for \$1.00 each

Power Bowl **\$7.00**

rice, quinoa, chicken, broccoli, carrots, tomatoes, lettuce,
sesame seeds, choice of dressing

Chicken Caesar Salad* **\$7.50**

breaded or grilled chicken, fresh parmesan, croutons, dressing

Chicken Salad **\$7.50**

chicken salad on a bed of lettuce with sliced apples,
slivered almonds, balsamic vinaigrette

House Salad with Chicken* **\$7.50**

spring mix, breaded or grilled chicken, tomatoes, cheese,
cucumbers, croutons, choice of dressing

Dressing options: balsamic vinaigrette, honey mustard, ranch, Ceasar

*gluten friendly upon request // may include an additional charge

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SIDES

\$1.50

Kettle Chips

Fruit Cup

Cottage Cheese

Side Salad

add \$1.00

Pasta Salad

Cup of Soup

add \$2.00

HOPEKIDS' MENU

Includes choice of side

Grilled Cheese*

\$3.00

Cheese Quesadilla

\$3.00

Chicken Quesadilla

\$4.00

Chicken Tenders

\$4.00

**gluten friendly upon request // may include an additional charge*