



Sermon Discussion Guide

Jan. 18 & 19, 2025

“What Is the Meaning of Life?”

[Matthew 22:37-40](#)

Life’s biggest questions deserve thoughtful answers. In this new sermon series, we’ll explore foundational truths about faith, God, and our place in his creation. Together, we’ll seek biblical wisdom to navigate life’s complexities, deepen our understanding, and strengthen our trust in the God who holds all answers.

PRAY & CONNECT

Open in prayer and invite the Holy Spirit into your conversation. Ask God for wisdom and discernment and trust him to guide you. Take time to recap the message or view it on [hopeonline.tv](#). Did you have any ah-ha moments where you felt convicted, compelled, or inspired during the sermon? What’s been on your mind this week? Have you been able to apply the message to your everyday life?

GROW

Read [Matthew 22:37-40](#) – *“The Most Important Commandment”*

- How does loving God with all your heart, soul, and mind shape your understanding of your purpose? How do distractions prevent you from fully living into this commandment?
- What are practical ways you can love God with your entire being? How does loving God influence the way you love others?
- How does this passage challenge cultural definitions of success and meaning? In what ways does love serve as the foundation for finding true purpose?
- How can you demonstrate love for others in your daily life? How does serving others reveal God’s love to the world?

Read [Micah 6:8](#) – *“The Lord’s Case Against Israel”*

- What does it mean to act justly in your everyday interactions? How can you pursue justice in ways that align with God’s heart?
- How do mercy and humility reflect the character of God? How do these qualities impact your relationships with others?
- What are some areas where God is calling you to act justly, love mercy, and walk humbly? How can you respond to that call?
- How does viewing your life through God’s lens of justice, mercy, and humility redefine your understanding of meaning and purpose?

Read [Romans 12:2](#) – *“A Living Sacrifice to God”*

- How does conforming to the patterns of this world affect your understanding of your identity and purpose? How can you renew your mind daily?
- In what ways does transformation through Christ bring deeper meaning to your life? How can you remain open to God’s shaping?
- How can you discern God’s will for your life? What steps can you take to ensure your pursuits align with his purposes?
- How does embracing God’s transformation set you apart in your workplace, community, and family?

APPLY

Pick one of the applications below to put into practice this week ...

- Spend time each morning reciting Matthew 22:37-39, reflecting on how you can love God and others throughout your day.
- Identify one area where you can act justly, show mercy, or walk humbly this week and take intentional steps to do so.
- Evaluate areas of your life where you are conforming to the world rather than being transformed by God, and commit to making a change.