

# PowerLife Retreat - Packing List

## ***What to Bring!***

- PowerLife Bible & Pen!
- **Sleeping Bag & Pillow**
- Appropriate clothing for the weather (*students will be outside*)
  - *Long Sleeves, Pants, Boots, Coat, Hat, Gloves, Etc.*
- Toiletries (*Toothbrush, Toothpaste, Soap, Shampoo, Towel, & Wash Cloth, Etc.*)
- Extra Money (*if you would like to purchase additional items at the snack shop*)
- Water Bottle & Flashlight (*with batteries*)
- Medication (if necessary)
  - *Please keep all medication in the original container.*
    - *Can be dropped off with our medic during check in on Saturday morning.*
- Cell Phones
  - *Students are allowed to bring their phones. However, leaders will hold onto them during the retreat unless a phone call home needs to be made!*
- **ALL** items (except sleeping bag & pillow) **must fit inside ONE bag!**
  - *Duffle bags are the perfect size. Please **NO** full-sized suitcases!*

## ***What NOT to Bring!***

- Any Electronic Devices
  - *iPads, laptops, video game consoles, etc.*
- Food or Drinks
  - *Three meals and two snacks are included in the retreat!*
- Valuables
  - *To avoid getting lost, stolen, or damaged.*
- Swimsuit
  - *There is a pool on site, but we will **NOT** be using it...*

If you have any questions or concerns, please contact us!