



Sermon Discussion Guide

Oct. 26 & 27, 2024

“Inside Out 2: Finding the Heart of Faith”

[Psalm 27:7-10](#)

In this sermon series, “Faith on Film,” we’ll be looking movies and the stories that can teach us biblical truths. Jesus often taught with parables, or stories, so these modern-day examples will also help us to understand deeper truths from Scripture.

PRAY & CONNECT

Open in prayer and invite the Holy Spirit into your conversation. Ask God for wisdom and discernment and trust him to guide you. Take time to recap the message or view it on [HopeOnline.tv](#). Did you have any “ah-ha” moments where you felt convicted, compelled, or inspired during the sermon? What’s been on your mind this week? Have you been able to apply the message to your everyday life?

GROW

Read [John 10:10](#) - “The Good Shepherd and His Sheep”

- How do you understand the “rich and satisfying life” Jesus offers, and what does it look like in practical, everyday terms? In what ways do you notice things in life that “steal” your joy or satisfaction? How might Jesus’ purpose for you guide you in these moments? How does your relationship with Jesus impact your emotional well-being? How does this verse inspire you to connect deeper with him for fullness of life? What are some areas in your life where you could use “more life” from Jesus? How could seeking his guidance in these areas help you grow spiritually and emotionally? How do you discern between things that lead to life and things that take it away? How can we support each other in staying grounded in Jesus’ purpose?

Read [Matthew 22:37](#) - “The Greatest Commandment”

- What does it mean to you to love God with all your heart, soul and mind? Which of these three areas is easiest or hardest for you, and why? How do you think loving God with your whole self influences your emotional health? How might emotional growth help you fulfill this command? In what ways does emotional honesty play a role in loving God fully? Are there parts of your emotional life that you struggle to bring to him? How do you balance loving God with your intellect and allowing emotions to be part of your faith journey? How can we be mindful of both in our spiritual lives? How can we as a group encourage each other to engage our hearts, souls and minds in our love for God? What practices might help us stay rooted in this command?

Read [Ezekiel 36:26](#) - “Israel’s Restoration Assured”

- What does having a heart of stone look like for you personally, and in what areas of your life might you still feel some hardness? How has God worked to give you a new heart or soften your heart in certain areas? Are there other areas where you feel God still wants to bring change? How does this verse give you hope for change and growth in your faith journey? In what areas of your life do you sense God calling you to allow for transformation? How can we invite God to continually renew our hearts in both emotional and spiritual ways? What small steps might we take toward letting God do this heart work in us? How can we encourage each other in being receptive to God’s transformation? What does it mean to truly embrace a “heart of flesh” in our relationships with others?

APPLY

This week, take a few minutes each day to reflect on the four questions Pastor Scott shared: “What am I mad about? What am I sad about? What am I afraid or anxious about? What am I glad about?” As you consider each question, bring your answers to God in prayer, honestly sharing how you feel and asking him to meet you in each emotion. Allow this process to become a way of deepening your relationship with God, trusting that he wants to be present with you in all areas of your heart and life. This simple practice can help you experience God’s healing and love in both the joyful and challenging parts of your journey.