

POWERLIFE

DATE: Oct. 23, 2024

SERIES: Faith + Technology

TOPIC: CTL + ALT + DELETE!

Big Questions: How does TECHNOLOGY (specifically screen time) STRENGTHEN your relationship with GOD? How does technology DISTRACT you, or draw you away from God? If the whole world “went dark” meaning no electricity (no phones, TVs, iPads, etc.) how would your life look different? Also, in this scenario, how would things still be the same?

Takeaway: In our Bible story this week, King Josiah tears down (and removes) the FALSE IDOLS that are pulling people away from God. In our group tonight, let’s discuss what technology we can tear down, remove (or DELETE) from our lives in an effort to help us draw CLOSER to God! Is there an APP you can remove? Is there a screen time limit you can put in place? Is there a gadget you can get rid of? Which ones? Why? Would that be hard to do? What’s the consequence if you DON’T reduce your time with or get rid of these things?

GETTING STARTED

- **TAKE ATTENDANCE!** If you have any students in your group who are not on your roster, please WRITE their names on your sheet! Also, please make note about who is missing.
- **WELCOME** anyone NEW this week! (Be sure they get supplies if REGISTERED)

SMALL GROUP COVENANT!

- Review the 1,2,3 policy! 1 Warning. 2-Minute Break. Get 3 people involved. (ask for help!)

DISCUSSION STARTERS

- **SCREEN TIME** – what’s your favorite show to watch? If you only had ONE HOUR each day to use technology (specifically for screen time) how would you spend it? What would you do?

WEEKEND WORSHIP JOURNALS

- Please make sure everyone picked up a Weekend Worship Journal last week or tonight! The goal is to complete the ENTIRE booklet this Fall!

POWERLIFE “SHOUTOUTS!”

- **REMINDER:** take a moment to prayerfully consider what your group would like to submit this week for a “Shout Out” the goal is to share SUPER COOL (and inspiring) updates from your group with **EVERYONE** at PowerLife!

○ **NOTE:** leave your shoutouts at the Leader Table when you check out!

OPEN YOUR BIBLES!

- Have students look up the following verses (pick a different student for each one!)
 - **IMPORTANT:** These are all great verses to **HIGHLIGHT** as well! Do it!

2 Kings 23:19, 24-25 (pages 449-450)

- Take 2 MIN and have students (silently) read the story of Josiah in the margins of page 449.
- What was the land of Judah like before the reforms of King Josiah? (out of control)
 - Do you ever see people who are out of control when it comes to technology use?
- How old was Josiah when he started seeking God in earnest? (age 16)
 - What are some ways a person can begin to seek God?
 - Are there ways in which you are seeking God in your life?

Psalm 46:10 (page 655)

- + **HIGHLIGHT** this verse! What does it mean to... **“Be still, and know that I am God?”**
 - + How much time do you spend just sitting in silence (with NO screens) each day?
 - + What time of day would work best for you to start doing this more often?
 - Make a plan (each of you in the group) for when you will plan to BE STILL and spend time being QUIET (with NO screens) each day this week.
 - + IDEA: pick a song (i.e. “Quiet” by Hillsong) to play during your time of quiet and reflection. Ask God to speak to you, give you rest, and remind you that He is near!

PRACTICE “SEARCHING” THE BIBLE!

- Take a moment to open to page 1597 and have students browse through all the various topics covered in the Bible. **Pick a subject, find the page, and read together!**

SERVICE PROJECTS!

- If your group would like to help make sandwiches for the homeless shelter, bring supplies for the Laundry Ministry, or donate food/clothing, please let us know!

FOR THE WEEK AHEAD!

- Set a new boundary (on your TECHNOLOGY use), then tell the group how it went!

PRAY TO END THE NIGHT!

- Ask if any STUDENT wants to close your time together in prayer? OR as a leader, say a prayer of thanksgiving and blessing over the group! End with the Lord’s Prayer!

CHECK OUT AT THE LEADER TABLE!

- Please return your folder (and your roster with attendance) to the leader table. If you have feedback or notes, please leave those with us as well!! **THANK YOU!!**