



WEDNESDAYS

Lesson Plan

DATE: 10/09/2024 **SERIES:** 7 Habits of Highly Effective Christians

BIBLE STORY: WIPE OUT WORRY- MATTHEW 6:25-34

BOTTOM LINE: DON'T WORRY, GOD'S GOT YOU!

MEMORY VERSE: MATTHEW 6:34

Prayer:

Heavenly Father,

Thank you for always being there for us. For teaching us not to worry. Help us to remember that when we are going through hard times and start to worry, to turn to you and give it up to you. It is in your name we pray, Amen!

Bible Reading:

WHAT YOU NEED:

- Bible
- Bible Story handout
- Balloon and Tissue Paper

WHAT YOU DO:

Read the Bible story to the kids.

WHAT YOU SAY:

What are some things we may worry about. (Ask around the group). What can we do when we worry? Pray.

Hand out the tissue paper to each kid. Ask them to think of one thing they would like to pray for. They can share or just think about what they would like to pray for. As the kids pass the balloon around the room, have them hold the balloon over the tissue paper (close). They will see the static from the balloon pick it up.

Prayer is like this balloon. When we talk to God he holds on to our prayers and He will show us his power. When you worry, remember to pray.

Activities:

WHAT YOU NEED:

- Scavenger list
- Scavenger items

WHAT YOU DO:

Place the items for the scavenger hunt around the room before the kids arrive. Hand out the scavenger list and tell them to find them. When they find them, they can place an X to each item. Who can find all of the items?

WHAT YOU SAY:

All of these items are a part of nature. God cares for everything in nature, the trees, the birds, the flowers....all of it because he created it. Just like God takes care of the birds and the flowers, He too will take care of you. Don't worry, God's got you.

Craft:

WHAT YOU NEED:

- Bird Handout
- Markers and Scissors

WHAT YOU DO:

Instruct the kids to color the birds. Then have the kids cut their birds out and fold on the dotted line in the middle and then again on the wings. The kids can practice throwing their birds across the room.

*** Make sure to take the birds before large group. Do not hand them back out until parent pickup.

WHAT YOU SAY:

When you throw the birds in the air remember that God created them and loves them just like he created you. We do not have to worry because just like God takes care of the birds, He will also take care of you. Remember to not worry, God's got you!