



WEDNESDAYS

Lesson Plan

DATE: 10/09/2024 SERIES: 7 Habits of Highly Effective Christians

BIBLE STORY: WIPE OUT WORRY- MATTHEW 6:25-34

BOTTOM LINE: DON'T WORRY, GOD'S GOT YOU!

MEMORY VERSE: MATTHEW 6:34

Prayer:

Heavenly Father,

Thank you for always being there for us. For teaching us not to worry. Help us to remember that when we are going through hard times and start to worry, to turn to you and give it up to you. It is in your name we pray, Amen!

Bible Reading:

WHAT YOU NEED:

- Bible
- Bible Handout
- Parachute

WHAT YOU DO:

Have one kid read the bible reading to the group.

WHAT YOU SAY:

What are some things we may worry about? (Ask around the group). What can we do when we worry? Pray.

There are lots of different ways to pray. Tonight, we are going to use this parachute to pray. I want you all to give me something you would like to pray about. (As the kids give you their prayer request, write them on the parachute). Then hold up the parachute, Ask God to bless these people and/or situations and release the parachute as a sign of letting go of the prayers and trusting them to God.

Activities:

WHAT YOU NEED:

- Charade words
- Rules for the game of Charades

WHAT YOU DO:

Divide students into two teams of equal size and have them sit down with their team.

WHAT YOU DO:

Follow the instructions in the binder.

WHAT YOU SAY:

It's not easy to communicate with your team when you can't use words. But God always knows what is on our hearts and our minds. When we are worried, we can always turn to God through our words in prayer.

Craft:

WHAT YOU NEED:

- Bird Template
- Instructions Sheet
- Scissors, Tape, Straws, and Play-Doh

WHAT YOU DO:

Hand out the template to each child. Then follow the instructions on the handout.

*** Make sure to take the birds before large group. Do not hand them back out until parent pickup.

WHAT YOU SAY:

When you throw the birds in the air remember that God created them and loves them just like he created you. We do not have to worry because just like God takes care of the birds, He will also take care of you. Remember to not worry, God's got you!